

Session 2: Painting with tea and coffee



Drawing, painting and printing techniques taking inspiration from your doodles from the previous session.

Materials

These are just suggestions and you won't need everything or you can substitute for what you have available.

- Tea bags inc. herbal tea if you have it and coffee.
- Paper – watercolour paper is best but any paper can be used , the thicker the better.
- Pencils, pens, drawing ink (optional).
- Paint brush

Link to demonstration video: <https://youtu.be/YvFAcR9-3cQ>



Printing with tea bags



Leaving damp teabags overnight on watercolour paper will create a strongly coloured stain. I used a variety of herbal teabags.



Allow the tea stains to dry.



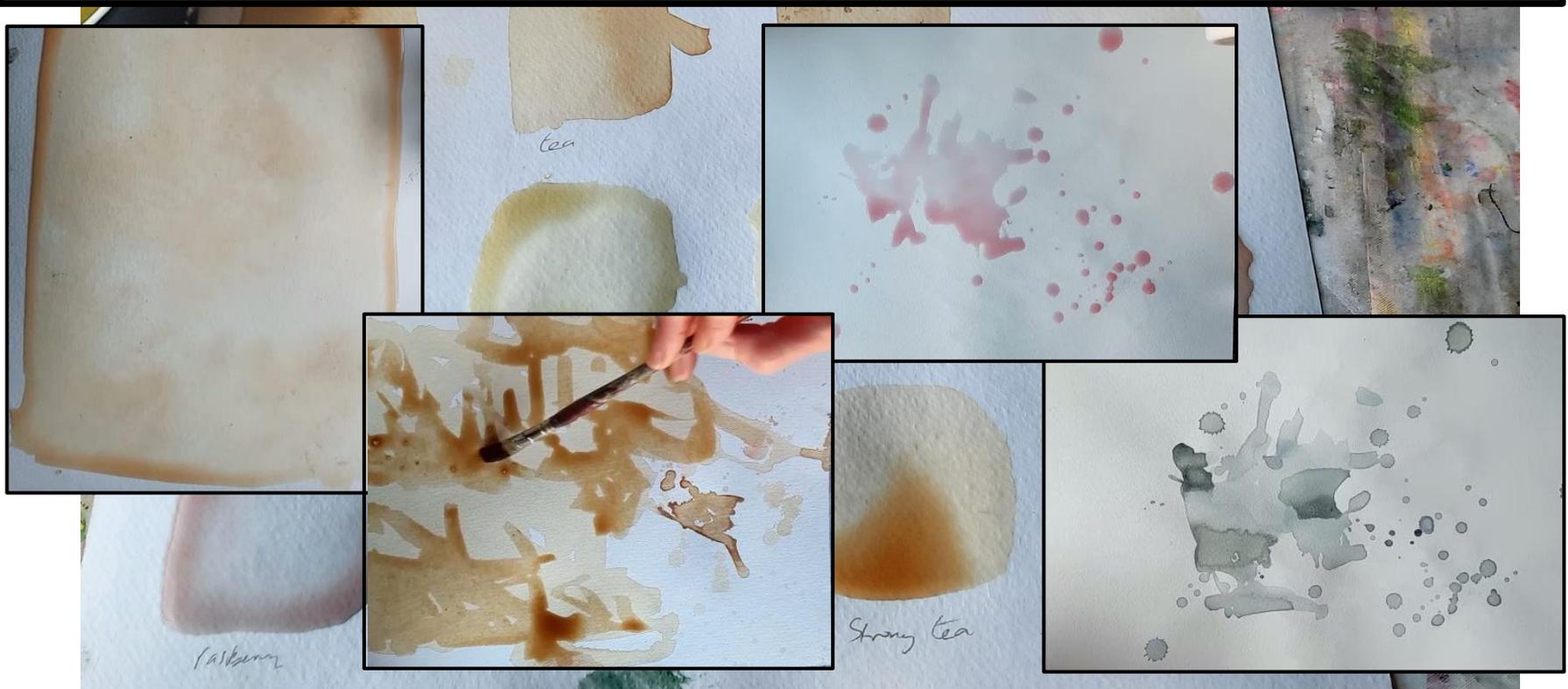
If you don't have watercolour paper you may find printing by momentarily pressing the teabag onto the paper a better option.



Painting with tea and coffee

To prepare I allowed various tea and coffee strengths to seep in boiling water until cooled. I discovered that in most cases it is preferable to use a small amount of water as generally the pigments are not that strong. I then used these to all over cover a piece of paper or create random splatters and splashes.

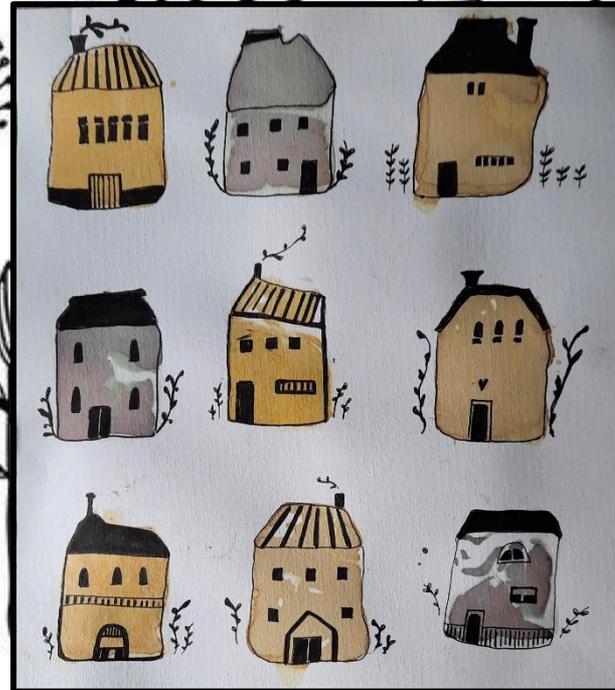
I found some colours dried very differently (such as raspberry and hibiscus tea, which changes from red to blue when dry). In most cases all of the colours dried darker.





Creating Art

Once the tea or coffee stains are dry you can draw on top with a pencil, permanent pen or biro. If you draw in permanent pen you could also add a hint out colour with coloured pencils, water-brush pens or felt pens.



Use your garden doodles from the previous session as inspiration or create any design you like.

Inspiration

Save your dried out tea bags for more tea bag art next session!



For inspiration take a look at the work of Tonia Jenny

<https://www.toniajenny.com/blog/2017/9/28/tea-stain-doodles-from-art-to-self-publication>

